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A click track is included to help guide you along as if you were actually playing in the studio! Feel free to choose any of the exercises from the book you like and have fun applying these patterns to the songs!		
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<b>Note:</b> Tracks 13 and 14 are from the CD		
<b>DBA Derringer, Bogert, Appice titled Doin' Business As</b>		
Track 15 is taken from <b>Carmine Appice's Guitar Zeus II CD</b>		



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**CD CREDITS**

CD produced by Carmine Appice for Bianic Music  
 Recorded at Sound Asylum  
 Digital editing and engineering by Steve (The Lunatic) Werbelow

Three systems of musical notation for sixteenth note hi-hat rhythms. Each system consists of three staves: a top staff for hi-hat patterns with '+' and '0' symbols, a middle staff for snare drum notation, and a bottom staff for bass drum notation. The first system has four measures, the second has four measures, and the third has four measures.

**Sixteenth Note Hi-Hat Rhythms**

Play HH sixteenths on closed Hi-Hat Cymbals.

**1.**

1 e + a 2 e + a 3 e + a 4 e + a

HH  
SD  
BD

**2.**

HH  
SD  
BD