# **CONTENTS**

How to Use This Book	. d
Foreword	. е
Thank Yous	f
Paul Hose	. g
Felipe Drago	. g
Drumset Legend	1
Technical Exploration	. 2
- Suggested Stick Hold	. 3
- Posture	.4
- A Note on Practice	. 5
History of Rudiments	.6
The 40 Essential Rudiments	. 9
The 40 Essential Rudiments Organised by Chronology	10
Why Are They Applicable Today?	. 11
Fundamental Studies for this Volume	
- The Big Three	. 11
- Single-Stroke Roll	12
- Double-Stroke Roll	12
- Single Paradiddle	12
Single-Stroke Roll	13
Single-Stroke Roll Applications	14
Four-Stroke Ruff	15
Four-Stroke Ruff Applications	
Double-Stroke (Open) Roll	.17
Double-Stroke Roll Applications	18
Five-Stroke Roll	19
Five-Stroke Roll Applications	20
Six-Stroke Roll	22
Six-Stroke Roll Applications	つフ

Jirigle raradidule	∠∠
Single Paradiddle Studies	26
Single Paradiddle Grooves	28
Single Paradiddle Applications	30
Double Paradiddle	31
Double Paradiddle Applications	31
Paradiddle-diddle	32
Paradiddle-diddle Applications	33
Flam	35
Flam Tap	36
Flam Tap Applications	37
Flam Accent	38
Flam Accent Applications	38
Drag	39
Single Ratamacue	39
Drag & Ratamacue Applications	40
The Number System	41
Creative Discovery Pyramid <sup>©</sup>	
Methodology	44
Examples of Using the Creative Discovery Pyramid	45
The Bigger Picture	51
Unlocking Short Rolls	52
Applied Examples	55
Doing It for Real	57
Further Studies and Performance Pieces	59
Solos	59
Bibliography	67

## HISTORY OF RUDIMENTS

#### WHAT ARE DRUM RUDIMENTS?

Similar to the snare drum, rudiments were originally developed in military bands. According to the book *Camp Duty Update* (Hessler), rudiments are "an excerpt from a military call with definite rhythm, definite sticking, definite structure (accents) and a defined nomenclature." *Encyclopedia Rudimentia* (Bloom) defines them "as a short pattern of strokes".

However, a good analogy is to consider them as the drumming equivalent to scales and arpeggios learned by students of piano and guitar. As G.B. Peters describes; "The names of the rudiments seem to be made up of some foreign language that only snare drummers know. In actuality the names of the rudiments are often a phonetic representation of what the rudiment is supposed to sound like".

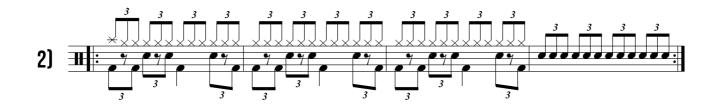
#### **HISTORY**

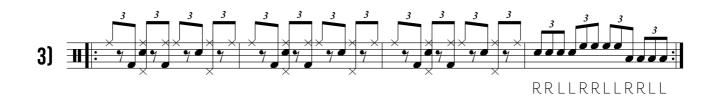
Rudiments originate in Europe, where they started to be developed hundreds of years ago. They can be traced back to Swiss mercenaries who were armed with long polearms. Using those weapons in unison required a lot of coordination. The resulting sound of drums (when played in close formation) was used to communicate commands. These patterns became the basis of the snare drum rudiments. Military scholars agree that the earliest record of rudimental fife and drum relates to the battle of Sempach in 1386 when the Swiss military used them to convey commands and tempo to their rank and file. This form of military instruction was then adopted by the French before spreading across Europe where they formed the basis for many other rudimental systems. Rudiments first appeared in print in the book Orchesographie written by the French cleric, Thoinot Arbeau in 1588. Within a century of its publication, the French adopted it as part of their national music curriculum. Furthermore, the French folklore dance, Le Rigodon is cited as one of the cornerstones of modern rudimental drumming. In fact, at least five French military manuals appeared between 1870 and 1900, beginning École du Tambour - Drum School - (Carnaud).

6

#### **DOUBLE-STROKE ROLL APPLICATIONS**









Applied to the samba foot pattern:



Applied to the baion foot pattern:



Applied to the calypso foot pattern:



Applied to the songo foot pattern:



# FURTHER STUDIES

Both the Creative Discovery Pyramid and the unlock code will create endless opportunities for you to develop both your technical ability and your musicality. Further studies include the application of Flam rudiments and different time signatures to name but two.

It is our sincere recommendation that you work with a reputable teacher as they will be able to help you refine and perfect your technique and in turn, help you develop your confidence as a musician so that you can use the rudiments and concepts discussed within this book in your everyday playing.

### PERFORMANCE PIECES

As you now know, rudiments live and breathe everytime a drummer plays the drums. Felipe and Paul have written other reputable titles that include a selection of performance pieces for you to play along with. All the pieces that are included within those titles are suitable for you to study and apply what you have learnt from this book. Please see the bibliography for further details.

### SOLO 1 | SINGLE STROKES

